

## Message Text

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ACTION EUR-12

INFO OCT-01 ISO-00 FEA-01 ACDA-10 CEQ-01 CIAE-00 DOTE-00  
EPA-04 HEW-06 HUD-02 INR-07 INT-05 L-03 NSAE-00  
NSC-05 NSF-02 OIC-02 PA-02 PM-04 PRS-01 OES-06 SP-02  
SS-15 TRSE-00 USIA-15 DODE-00 /106 W  
-----090256Z 077629 /73

R 081623Z MAR 7  
FM USMISSION NATO  
TO SECSTATE WASHDC 2078  
INFO AMEMBASSY OTTAWA

UNCLAS USNATO 1270

DEPT FOR EUR/RPM KORKY  
DEPT PLS PASS HEW FOR EGEBERG, MERRIWEATHER, GEMMA, LANE;  
EPA FOR HARRIS

E.O. 11652: N/A  
TAGS: CCMS SEN  
SUBJECT: CCMS: NUTRITION AND HEALTH PILOT STUDY MEETING, MARCH 7,  
NATO HEADQUARTERS

REF: USNATO 1055

SUMMARY: PARTICIPANTS FROM FOUR NATIONS MET ON MARCH 7 AT  
NATO HQS TO REVIEW THE NUTRITION AND HEALTH QUESTIONNAIRE  
CIRCULATED BY CANADA AND TO DEVELOP AN OUTLINE FOR THE PILOT  
STUDY REPORT. A DRAFT WILL BE CIRCULATED FOR COMMENT  
IN LATE SPRING. END SUMMARY.

1. FOUR NATIONS WERE REPRESENTED AT MARCH 7 PILOT STUDY  
MEETING ON NUTRITION AND HEALTH: CANADA (MURRAY AND SMITH);  
NETHERLANDS (WILMINK); NORWAY (TRUGG). UK(DARKE), AND  
US (LANE).

2. REVEIW OF ANSWERS TO THE QUESTIONNAIRE CIRCULATED BY  
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CANADA SHOWED THAT ALL NATIONS RESPONDING WERE CURRENTLY  
FORTIFYING FOOD TO SOME DEGREE FOR IRON, AND VITAMINS  
A AND D. NATIONAL INVOLVEMENT IN REGULATING FOOD  
NUTRIENT DENSITY VARIES.

3. PARTICIPANTS AGREED THAT DECLINE IN BREAST FEEDING  
AND INCREASE IN CORNARY DISEASE, HYPERTENSION, STROKE  
ARE THE LEADING NUTRITIONAL PROBLEMS.  
DIETARY INTERVENTION TECHNIQUES HAVE NOT BEEN PROPERLY  
EVALUATED FOR THEIR EFFECT ON THESE PROBLEMS. SUCH

STUDIES WOULD BE EXPENSIVE AND DIFFICULT.

4. A BRIEF DRAFT REPORT WILL BE PREPARED AND CIRCULATED FOR COMMENT IN LATE SPRING BY THE CANADIAN PILOT STUDY LEADER. THE PARTICIPANTS IN THE MARCH 7 MEETING SUGGESTED THAT IT COVER, INTER ALIA:

- DISEASES AND THEIR COSTS TO SOCIETY
- PRESENT DIETARY PATTERNS AND RECOMMENDATIONS FOR IMPROVEMENTS
- STRATEGIES FOR CHANGE (LEGISLATION, EDUCATION, ECONOMIC INCENTIVES, ADVERTISING)
- RECOMMENDATIONS FOR FUTURE RESEARCH

5. THE REPORT WILL STRESS: (A) THE CURRENT LACK OF DATA ON EDUCATIONAL INTERVENTION METHODS IN MODIFYING DIET, AND (B) THE CURRENT LACK OF KNOWLEDGE OF CAUSAL LINKS BETWEEN DIET AND CHRONIC DEGENERATIVE DISEASES.  
STRAUSZ-HUPE

UNCLASSIFIED

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## Message Attributes

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